

**PRAYER & WORSHIP****Suggested Song: I need You More****SCRIPTURE REFERENCE****PROVERBS 18:10 (ASK SOMEONE TO READ LOUD AND CLEAR)***10 The Name of the LORD is a strong tower; the righteous run to it and are safe.***INTRODUCTION****Ask the group:**

Have you experienced earthquake? If you do so, what you usually do?

Some of us experienced earthquake or maybe you're in the place that time to time you'll experienced it. Of course, many of us wants a strong security to duck underneath.

In our lives, the world began to shake, when we loosed our job, when we were hurt in a relationship, when we will faced challenges or problems in our family. But the question is, where do we run to overcome uncertainties? Today, we'll be talking about finding safety in the Lord – before we get going, take a moment to quiet your soul and remind yourself that this time we will run to the Lord as our Strong Tower.

DISCUSSION (- GET ANSWERS -)**(Leader) Must explain first the importance of "Wisdom" in our daily lives.****1. What is a "PROVERB"?**

The Book of Proverbs is a collection of practical life wisdom given mostly in short, memorable statements. Though part of a larger body of wisdom literature that includes Job, Psalms, Ecclesiastes, and the Song of Solomon, the Book of Proverbs can help us into a more practical ways.

2. Why the Name of the Lord represents as a "Strong Tower"? (Get an answer to the group)**ANS.:**

- Hebrew word: Migdal or Migdalah

Strong Tower:

- It was used as a chief fortification for a city in an ancient times.
- In times of attack from foreign invaders (and war), the strong tower provides defense from all manners of attack (arrows, catapults, invading army)

A tower used "figuratively" as a symbol for protection and provision. God provides it as a wonderful and strong defense.

One of God's Nature is a Great Refuge. He furnishes the righteous with an abundant security.

The **Name of the Lord** represents His character in all its aspects, the believer can think about the aspects of God's character and find a strong, safe refuge in them.

It can be as simple as this:

- **Lord, You are a God of love**—so I find refuge in Your love
- **Lord, You are a God of mercy**—so I find refuge in Your mercy
- **Lord, You are a God of strength**—so I find refuge in Your strength
- **Lord, You are a God of righteousness**—so I find refuge in Your righteousness

3. THE RIGHTEOUS RUN TO IT AND ARE SAFE

God invites all to *find refuge in His name*; whoever calls upon the name of the Lord shall be saved



Acts 2:21 "and it shall come to pass that whoever calls on the name of the Lord Shall be saved."

Romans 10:13 "For "whoever calls on the name of the Lord shall be saved."

Those who humbly run to God and find refuge in Him are His "righteous ones", so it is the righteous who run to it.

The righteous man is like a "wise" man who takes refuge in a strong tower during an attack.

4. HOW DO YOU RUN TO GOD?

- **By Praying**

Luke 18:1 "...that men always ought to pray and not lose heart,"

- **By Worshipping**

Psalms 95:6 "Oh come, let us worship and bow down; Let us kneel before the Lord our Maker."

Bowing/kneeling down is a sign of humility)

- **By meditating His Words**

Joshua 1:8 "This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success."

To trust someone is to trust his words, advice, and instructions. By reading God's Word, we are running to Him by meditating, trusting, and obeying His commandments.

Running usually used to exercise our faith. It appears to continuously moving and strengthen spiritual body to finish the race as a righteous runner, who thrown off all baggage that molds confidence in our lives.

5. As God fully assured us, **PROTECTION**.
What should we do to claim His promise?

- **TRUST –**

Proverbs 30:5 "Every word of God is pure; He is a shield to those who put their trust in Him."

- **OBEDIENCE –**

Deut. 28:1-2 "Now it shall come to pass, if you diligently obey the voice of the Lord your God, to

observe carefully all His commandments which I command you today, that the Lord your God will set you high above all nations of the earth. And all these blessings shall come upon you and overtake you, because you obey the voice of the Lord your God."

- **HUMILITY –**

1 Peter 5:6-7 "Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you."

APPLICATION

1. **Beside the Word of God and family, the Lord has provided as the best "social security"... It is our (Christians) house of refuge, do you know what it is?**

ANS.:

- **THE CHURCH**

What is a church?

- The church is the body of Christ, of which He is the head. **Eph. 1:22–23** says, "And God placed all things under his feet and appointed him to be head over everything for the church, which is his body, the fullness of him who fills everything in every way."
- The church (or called out congregation) are all those who have placed their **faith in Jesus Christ** for **salvation (John 3:16; 1 Corinthians 12:13)**.
- The body of Christ is made up of all believers in Jesus Christ from the day of Pentecost (Acts 2) until Christ's return. Biblically, we may regard the church in two ways, as the universal church (all believers) or as the local church (group of believers in your community).
- Local churches are gatherings of people who claim the name of Christ. The local church is where believers can fully apply the **"body" principles of 1 Corinthians chapter 12— encouraging, teaching, and building one another** up in the knowledge and grace of the Lord Jesus Christ.
- An individual and the whole church make God as their Strong Tower.
- God gave the church as our safe refuge as well, in addition to our own family. It is a place where:
 - a) We receive sound doctrine and teaching (besides personal Bible study)
 - b) We receive counselling and advice from Godly men.
 - c) We receive spiritual, emotional, and physical help.

**HOW TO BE IN THE CHURCH?**

- **Know that it is a priority**
The most important reason for God's people to attend church is that the church is God's idea.
Matt.16:18 (Jesus speaking) "I will build My church, and the gates of Hades shall not prevail against it"
- **Know that it is God's way** of accomplishing His work on earth today.
- **Obey God's instructions.** God's Word instructs us to be involved in the church. **Heb. 10:25**, "...not forsaking the assembling of ourselves together, as is the manner of some..."
- **Know that it is beneficial to our spiritual, emotional, and physical growth:**

The community provided by a local church is essential for believers because the Christian life was never intended to be a solo act. In the New testament, there are many instructions to all believers, here are some:

- a) *love one another* (**Rom. 13:8**),
- b) *comfort one another* (**1 Thess. 4:18**),
- c) *forgive one another* (**Eph. 4:32**),
- d) *pray for one another* (**James 5:16**)

HOW CAN WE BE CONNECTED IN THE BODY OF CHRIST?

- **Pray** that God will lead you to His "sheepfold". Ask for wisdom and guidance.
- **Read and Meditate God's Word** so that we can receive wisdom and leading from the Holy Spirit. To know what is righteous according to God so we will not be deceive by false teachers and cults.
- **Obey God's command and instructions**
- **Accept discipleship and mentoring from church leaders**
- **Be involved in ministry and charitable works**
- **Have a healthy relationship and communication with the brethren**

REFLECTION

1. The Name of the Lord gives us a full assurance from the fiercest enemies we may face throughout our journey.
2. Jesus Christ shed His blood so that door to that Tower would always open for us. By washing away your sins, He guaranteed us that His Name would be a source of comfort and security, a mighty Fortress to help you free from every need.

3. Greater assurance comes through stronger faith. And Faith only grows stronger through the vigorous exercise of testing.
4. We can take great comfort in being able to look up to a tower in our lives that will never fall. God is our ever-present security, just like towers in the ancient world served as constant reminders that He was watching over the city (not just yourself but also to your family, job, friends)
5. Run to the One who assures you, secured and protect you. Run to God.

Hebrew 12:1 "Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us,"

Testimony of great men of God (Characters in the Bible) and people we know who have faith in God help us to overcome and run the race we call life.

HOW TO BE IN THE CHURCH? HOW CAN WE BE CONNECTED IN THE BODY OF CHRIST?**QUESTIONS**

(Please choose questions that are appropriate to the level of spiritual maturity of your members)

- Where have you seen God's protection over your life? On which aspect?
- Your faith on running to God closer?

ASK THE GROUP, WHAT THEY HAVE LEARN ABOUT THE LESSON.